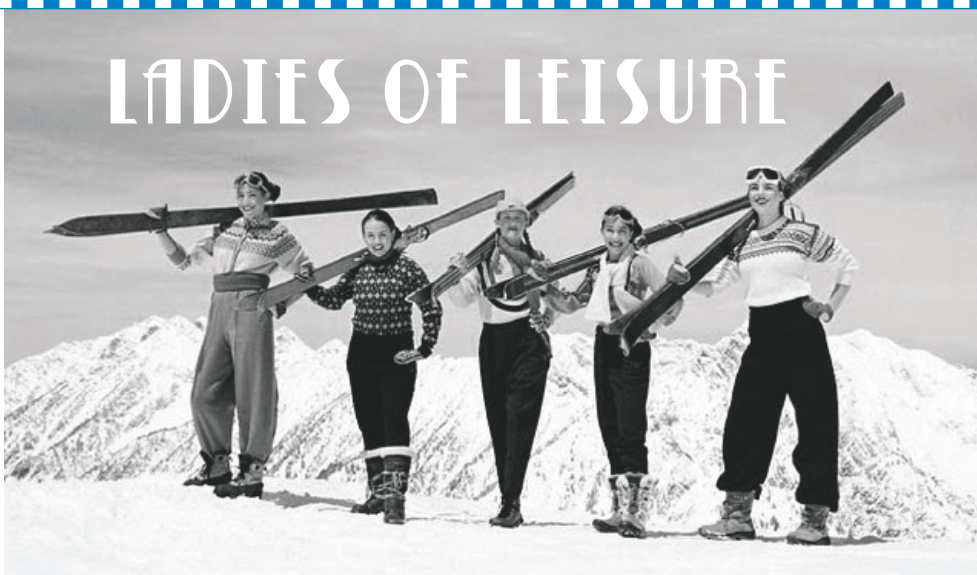


Join now!



Winter 2014/2015



What is the Ladies of Leisure (“LOL”) Team? This is a new cross country ski team for women, brought to you by Plain Hardware and Plain Valley Nordic Ski Trails. This will be a non-competitive, all skill levels accomodated group. Our focus will be fun, friends, and frolic. Skill coaching for classic and skate skiing will be available during the group ski from the skills coach.

Where will we meet? The LOL Team will ski on the Plain Valley Nordic Ski Trails, across the road from Plain Hardware. Group trips in the Plain Valley Nordic Team Van will also be offered to sample the nordic skiing in other local areas, such as Echo Ridge at Lake Chelan and Methow Trails in Mazama and Winthrop.

Who can join the team? Any women ages 18 years and older! We welcome beginner and advanced skiers!

When will we meet? The LOL group will meet weekly on **Mondays** at 10am (classic ski), **Wednesday Headlamp Nights** at 7pm (alternating classic and skate ski), and **Fridays** at 10am (skate ski). Runs **January 2nd - February 27th**.

What does it cost? First class is free, for those who want to check it out! The cost for the season is \$40 to \$80, you decide what you can afford. 100% of proceeds will go to fund team jackets and scholarships for the kids on the Plain Valley Junior Nordic Team!

YOU GET: Good karma by supporting the Junior program! Awesome friends to ski with in your community! Learn to classic and skate ski with coaching provided by the group leader. Also, discounts and offers from Plain Hardware:

- FREE use of Plain Valley Nordic Ski Trails during group ski times.
- 50% OFF classic and skate ski rentals during group ski times.
- 20% OFF season pass for Plain Valley Nordic Ski Trails!

REGISTRATION FORM

Plain Valley's **LADIES OF LEISURE** Team Winter 2014/2015



Name: _____ Signature: _____

Address: _____ City: _____ Zip Code: _____

Contact Phone: _____ Email: _____

Medical Condition or allergies?

- No
 Yes, please explain:

CHECKS PAYABLE TO “PVNT” - Registration/Donation \$: _____
[\$40 to \$80 suggested]